



Key Stage 1

Fundamental Movement Skills

Running Fast, Hopping, Skipping, Jumping, Underarm Throw, Overarm Throw, Rolling a Ball, Bouncing a Ball, Kicking a Ball, Catching

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
LH / CC	Penguins, Possums and Pigs Baseline Unit	Fire, Fire Dance	Growth and Green FMS Gymnastics	Family Album Games FMS	The Great Outdoors Games OAA/Trails	Robots Dance Athletics
	FMS Initial Assessment		Core Task	Core Task	Games Core Task	

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KB	The Place Where I Live Games	Fighting Fit Gymnastics	Explorers Dance	The Farm Shop Games	Wind in the Willows Dance	Buckets and Spades Athletics Games
	FMS – running, dodging, catching, striking	Core Task		Core Task		FMS Final Assessment Core Tasks