



Lower Key Stage 2

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 (CD)	Fundamental Movement Skills Gap filling from Y2	Dance Dorset Ring Dance	Dance The Iron Man	Gymnastics Balancing Act Part 1	Gymnastics Balancing Act Part 2	Athletics Take Aim/ Furthest Five/ Pass the Baton
Lesson 2 (JF)	Invasion Games Three Touch Ball Netball	Invasion Games Three Touch Ball Rugby	Net/Wall Games Core Task 1	Striking/Fielding Games Run the Loop Cricket	OAA Trust and Trails	PE Enrichment / Sports Day

Year 3 begin the year with CD with some initial focus on the Fundamental Movement Skills from Key Stage One. Assessment to be used to inform skill coverage. In addition, they have one half term in the summer term with JF to have some greater PE enrichment reinforcing the FMS and to prepare for their first Key Stage 2 Sports Day

Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 (JF)	Gymnastics Core Task Part 1	Dance Sparks Might Fly	Gymnastics Core Task Part 2	Swimming	Swimming	Swimming
Lesson 2 (JF)	Invasion Games On the Attack Basketball	Invasion Games On the Attack Rugby	Net/Wall Games Core Task 2	Striking/Fielding Games Run the Loop Rounders	Athletics Take Aim/ Furthest Five/ Pass the Baton	OAA Team work and Problem Solving

Year 4 only have one Dance unit due to their swimming lessons



Upper Key Stage 2

Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 (JI)	Gymnastics Acrobatic Gymnastics Part 1	Dance Earthlings	Gymnastics Acrobatic Gymnastics Part 2	Dance Robin Hood	Athletics Three Run / Three Jumps / Three Throws	PE Enrichment
Lesson 2 (JF)	Invasion Games Tag Rugby 1	Invasion Games Netball	Invasion Games Tag Rugby 2	Net/Wall Games Core Task 1	Striking/Fielding Games Cricket	OAA Core Task Part 1

Year 5 have one half term in the summer term with JI for some additional PE Enrichment. This may be some work with an outside agency focusing on healthy lifestyles. Alternatively, the assessment throughout the year will inform the area of focus.

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 (GS)	Gymnastics Group Dynamics Part 1	Dance Rain Forest	Gymnastics Group Dynamics Part 2	Dance Heroes and Villains	Athletics Recap of all previously taught skills with added competition	PE Enrichment
Lesson 2 (GS)	Invasion Games Hockey	Invasion Games Calling the Shots	Net/Wall Games Core Task 2	Striking/Fielding Games Roulers	OAA Core Task Part 2 Star Challenge	PE Enrichment

Year 6 have got their final half term for PE Enrichment allowing for fitness work and areas of focus that require further development.