



Longridge Church of England Primary School

INTENT Statement for PE

At Longridge Church of England Primary School our primary intent is to promote physical activity and healthy lifestyles for all. We aim to inspire an active generation of children who enjoy PE, encourage each other and achieve to their full potential. We offer our pupils dynamic, varied and stimulating opportunities to ensure that all children progress physically through an inspirational, unique and fully inclusive curriculum. We want to give our children the skills and knowledge required to make a positive impact on their own physical and mental health and well-being.

EYFS

Our intent in the Foundation Stage is to focus on developing Fine and Gross Motor Skills. We intend to create games and provide opportunities for play both indoors and outdoors so we are able to support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Our curriculum focuses on the five Fundamental Movement Skills of hopping, throwing, jumping, catching and running fast along with providing opportunities to develop a wider range of physical skills.

Key Stage 1

Our Intent throughout Key Stage 1 is to develop the ten Fundamental Movement Skills (running fast, hopping, skipping, jumping, underarm throw, overarm throw, rolling a ball, catching a ball, kicking a ball and catching) and teach the children how to apply these skills in a context. Our children will develop their knowledge of simple tactics in Games based activities along with creating sequences of movement in Gymnastics and Dance based activities.

Lower Key Stage 2

Our intent throughout years 3 and 4 is to develop the children's attacking skill through a range of small sided (uneven) games in a range of different sports and activities. The children will develop their knowledge of simple attacking tactics which are transferable between sports. Our intent in Dance and Gymnastics is to develop our children's performance and sequencing skills.

Upper Key Stage 2

Our intent throughout years 5 and 6 is to continue to develop the children's attacking skill whilst they are working as part of a team and to develop their knowledge of defending strategies. This will be delivered through modified small sided and uneven games. Our intent in dance and gymnastics is to develop the children's performance and composition of longer sequences of movements alone, with a partner and with a group.